

# Selling Vapes and Nicotine Products

## Key Changes from 29 October 2026

It will be illegal to sell any vaping or nicotine product to anyone under the age of 18.

This includes:

- Vapes and vape pens
- E-liquids
- Vape pods and coils
- Nicotine pouches
- Nicotine strips
- Nicotine pearls



It will also be illegal for an adult (18+) to buy or try to buy these products for someone under 18. This is called **proxy purchasing**.

## Products Covered

### Vaping Products, even if they include no nicotine

Examples include:

- Vape devices
- Disposable vapes
- E-liquids
- Vape pods
- Coils

### Nicotine Products

Examples include:

- Nicotine pouches
- Nicotine strips
- Nicotine pearls
- Products containing natural or synthetic nicotine

### Products Not Covered

The rules do not apply to:

- Batteries
- Chargers
- Electrical cables
- Medical devices
- Licensed medicines



## Age Verification

Retailers should check ID if there is any doubt about a customer's age.

A valid proof of age may include:

- Passport
- Photocard driving licence
- PASS-approved proof of age card



Following age-verification procedures can help retailers defend themselves if accused of making an underage sale.

## Penalties for Selling to Under-18s

Anyone who sells vaping or nicotine products to a person under 18 may receive:

### Fixed Penalty Notice (FPN)

- **£200** in England, Wales and Scotland
- **£250** in Northern Ireland (subject to approval)

### Court Penalties

Retailers may also face prosecution and larger fines:

- Up to £2,500 in England, Wales and Scotland
- Up to £5,000 in Northern Ireland

## Proxy Purchasing

From **29 October 2026**, it will be illegal for anyone aged 18 or over to:

- Buy vaping or nicotine products for someone under 18
- Attempt to buy them for someone under 18

Retail staff should:

- Watch for signs of proxy purchasing
- Refuse the sale if they suspect it

### Penalties

- **£200** FPN in England, Wales and Scotland
- **£250** FPN in Northern Ireland (subject to approval)
- Larger court fines may also apply



## Age of Sale

From **29 October 2026**, retailers must not sell vaping or nicotine products to anyone under 18.

Before making a sale, retailers must be satisfied that the customer is aged 18 or over.

If unsure, they should ask for identification.

## Free Samples and Giveaways

From **29 October 2026**, businesses must not:

- Give away free vapes or nicotine products
- Give away coupons for these products
- Offer free samples to encourage sales

Examples of illegal activities:

- Free vape pods with a purchase
- Free samples of e-liquid
- Promotional giveaways of nicotine pouches

The ban also applies to items used to promote vaping products, such as branded accessories.

## Large Promotional Discounts

From **29 October 2026**, businesses must not sell vaping or nicotine products at very large discounts if the aim is to promote them.

For example:

- Selling a vape device for 10p as a promotion could be illegal



### What Is Still Allowed?

Normal business discounts can continue, such as:

- Clearance sales
- Reduced-price stock
- Bulk-buy and trade discounts

## Penalties for Free Giveaways and Large Discounts

A person committing these offences may receive:

### Fixed Penalty Notice

- £200 in England, Wales and Scotland
- £250 in Northern Ireland (subject to approval)

### More Serious Penalties

Depending on the circumstances, courts may impose:

- Large fines
- Up to 12 months' imprisonment on summary conviction
- Up to 2 years' imprisonment for more serious cases

## Stop Smoking Services

The rules do **not** stop NHS or local authority stop-smoking schemes from providing free vapes or nicotine products when these are supplied as part of an approved smoking cessation programme.

For example:

- A council-funded quit-smoking scheme can still provide free vapes
- A stop-smoking service can still issue vape vouchers if this is part of an agreement with a public authority

## Who Can Sell These Products?

### England, Wales and Northern Ireland

There are no special age restrictions for staff selling vaping or nicotine products beyond normal child employment rules.

### Scotland

Anyone under 18 must have written permission from the business owner or responsible person before selling vaping or nicotine products.

## Business-to-Business Sales

The age restriction applies only to retail sales.

It does **not** apply to:

- Wholesale purchases
- Business-to-business sales
- Research organisations buying products for scientific purposes



## Persistent Offenders

Retailers who repeatedly break the law may face further action.

This can include:

- Temporary bans on selling vaping and nicotine products
- Restrictions on specific premises
- Banning orders lasting up to 2 years (or longer in some parts of the UK)



## Quick Guide for Retailers

- ✓ Only sell vaping and nicotine products to customers aged 18 or over
- ✓ Ask for ID if unsure of a customer's age
- ✓ Refuse suspected proxy purchases
- ✓ Stop free product giveaways from **29 October 2026**
- ✓ Avoid promotional deep-discount sales from **29 October 2026**

- ✗ Do not sell to anyone under 18
- ✗ Do not buy products for someone under 18
- ✗ Do not offer free samples or promotional giveaways
- ✗ Do not use very low-price promotions to encourage sales